



February 2019

Michelle's Luncheon



\$4.00 per Lunch

- › Purchase daily, weekly, or monthly
 - › Please circle the days your child will enjoy their hot lunch!
- PAYMENT IS REQUIRED AT TIME OF ORDER**

El Quito School

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
4 Egg, Sausage and Cheese on a bun Blueberry Muffin Veggies Fruit	5 Cheese Enchiladas Beans Veggies Fruit	6 Cheese Raviolis Biscuits Veggies Fruit	7 Ham and Cheese(optional) sandwich Chicken Noodle Soup Veggies Fruit	8 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
11 French Toast Sticks GoGurts Veggies Fruit	12 Hamburger Chips Veggies Fruit	13 Spaghetti, No meat French Bread Veggies Fruit	14 Chicken Teriyaki Rice Veggies Fruit	15 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
18 School Closed	19 Grilled Cheese Sandwich Cream of Tomato Soup Veggies Fruit	20 Mac and Cheese Corn Muffin Veggies Fruit	21 Egg Sandwich Chips Veggies Fruit	22 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
25 Banana Pancake Turkey Patty Veggies Fruit	26 Swedish Meatballs Mashed Potatoes Veggies Fruit	27 Buttered Pasta Hawaiian Roll Veggies Fruit	28 Hot Dogs Chips Veggies Fruit	

If desired, specify your alternate choices in each day above.

Alternate Daily Entrées: Chicken Patty, Veggie Burger or Cheese Sandwiches (cold or grilled)

Unless noted, 2% milk will be served. Other choices are:

Fat free Chocolate Milk (CM) Apple Juice (AJ) Orange Juice (OJ) Water (W)

We will now be offering fresh carrots or celery with every meal. We will also offer more fresh fruit and vegetables that are in season. Each day we are working to include more choices of fruits and vegetables for your child. If you have any questions, please just let us know.

Child's Name: _____ **Room #:** _____

If you have any questions please contact your school's office.