



January 2019

Michelle's Luncheon



\$4.00 per Lunch

- Purchase daily, weekly, or monthly
- Please circle the days your child will enjoy their hot lunch!
- PAYMENT IS REQUIRED AT TIME OF ORDER

Phelan School

Monday	Tuesday	Wednesday	Thursday	Friday
	1 School Closed! Happy New Year!	2 Grilled Cheese Sandwich Tomato soup Baked Gold Fish Fruit	3 Chicken Alfredo Salad with Dressing Cheesy Bread Sticks Fruit	4 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
7 Egg and Cheese Burrito Seasoned Potatoes Yogurt Cup Fruit	8 Chicken Taquitos Spanish Rice Olives Fruit	9 American Sub Sandwich BBQ Chips Macaroni Salad Fruit	10 Lasagna Salad with Dressing Cheesy Bread Sticks Fruit	11 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
14 Fish Sticks Potato Chips Coleslaw Fruit	15 Chicken Potstickers Steamed Rice Mixed Veggies Fruit	16 Tuna Sandwich Cheese Its Chicken Noodle soup Fruit	17 Penne Pasta with Sauce Broccoli Cheesy Bread Sticks Fruit	18 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
21 Belgian Waffle Bacon Hard Boiled Egg Fruit	22 Chicken Quesadilla Black Beans Cherry Tomatoes Fruit	23 Pretzel Dog Potato Chips Pasta Salad Fruit	24 Bowtie Pasta Salad with Dressing Cheesy Bread Sticks Fruit	25 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
28 Corn Dog Curly Fries Baked Beans Fruit	29 Vegetable Egg Roll Fried Rice Sugar Snap Peas Fruit	30 Hamburger Curly Fries Pickles Fruit	31 Cheese Ravioli Green Beans Cheesy Bread Sticks Fruit	

If desired, specify your alternate choices in each day above.

Alternate Daily Entrées: Chicken Patty, PB&J, or Cheese Sandwich

Unless noted, 2% milk will be served. Other choices are:

Fat free Chocolate Milk (CM) Apple Juice (AJ) Orange Juice (OJ) Water (W)

We will now be offering fresh carrots or celery with every meal. We will also offer more fresh fruit and vegetables that are in season. Each day we are working to include more choices of fruits and vegetables for your child. If you have any questions, please just let us know.

Child's Name: _____ **Room #:** _____

If you have any questions please contact your school's office.