



January 2019

Michelle's Luncheon



\$4.00 per Lunch

- Purchase daily, weekly, or monthly
- Please circle the days your child will enjoy their hot lunch!
- PAYMENT IS REQUIRED AT TIME OF ORDER

El Quito School

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Closed Happy New Year!	2 Plain Pasta Dinner Roll Veggies Fruit	3 Beef Corn Dogs Chips Veggies Fruit	4 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
7 Cinnamon Swirl French- Toast Go-Gurt Veggies Fruit	8 Soft Taco Beans Veggies in Taco Fruit	9 Fettuccine with Meatballs Garlic toast Veggies Fruit	10 Chicken Salad Sandwich Chips Veggies Fruit	11 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
14 Bean Burritos Potatoes Veggies Fruit	15 Chicken Nuggets Baked Beans Veggies Fruit	16 Mac & Cheese French Bread Veggies Fruit	17 Sloppy Joes Chips Veggies Fruit	18 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
21 Waffle Cheese Stick Veggies Fruit	22 Orange Chicken Rice Veggies Fruit	23 Spaghetti Biscuits Veggies Fruit	24 Chicken Patty on a Bun Chips Veggies Fruit	25 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
28 Banana Pancake Fig Newton Veggies Fruit	29 Grilled Cheese Sandwich Tomato Soup Veggies Fruit	30 Alfredo Pasta Corn Muffin Veggies Fruit	31 Meatloaf Mashed Potatoes & Gravy Veggies Fruit	

If desired, specify your alternate choices in each day above.

Alternate Daily Entrées: Chicken Patty, Veggie Burger or Cheese Sandwiches (cold or grilled)

Unless noted, 2% milk will be served. Other choices are:

Fat free Chocolate Milk (CM) Apple Juice (AJ) Orange Juice (OJ) Water (W)

We will now be offering fresh carrots or celery with every meal. We will also offer more fresh fruit and vegetables that are in season. Each day we are working to include more choices of fruits and vegetables for your child. If you have any questions, please just let us know.

Child's Name: _____ **Room #:** _____

If you have any questions please contact your school's office.