



March 2019

# Michelle's Luncheon



**\$4.00 per Lunch**

- Purchase daily, weekly, or monthly
- Please circle the days your child will enjoy their hot lunch!
- PAYMENT IS REQUIRED AT TIME OF ORDER

## El Quito School

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
4 Corn Dogs Chili Beans with Beef Veggies Fruit	5 Chicken Tenders Au Gratin Potatoes Veggies Fruit	6 Spaghetti French Bread Veggies Fruit	7 Beef stew Crackers Dinner roll Veggies Fruit	8 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
11 Blueberry Pancakes Cottage Cheese Veggies Fruit	12 Beef Taquitos Spanish Rice Veggies Fruit	13 Rainbow pasta with butter Garlic Bread Veggies Fruit	14 Pulled BBQ pork on bun Chips Veggies Fruit	15 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
18 Chicken and Cheese Quesadilla Beans Veggies Fruit	19 Veggie Egg Rolls Rice Veggies Fruit	20 Mac and Cheese Dinner Roll Veggies Fruit	21 Grilled ham and cheese Sandwich Tomato soup Veggies Fruit	22 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat
25 Breakfast Sandwich: Egg, Cheese and Turkey Sausage Yogurt Cups Fruit	26 Chicken Nuggets Baked Beans Veggies Fruit	27 Mixed Veggie Casserole Salad Fruit	28 Hot Dogs (Beef) Chips Veggies Fruit	29 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat

*\*If desired, specify your alternate choices in each day above.\**

**Alternate Daily Entrées:** Chicken Patty, Veggie Burger or Cheese Sandwiches (cold or grilled)

**Unless noted, 2% milk will be served. Other choices are:**

Fat free Chocolate Milk (CM)    Apple Juice (AJ)    Orange Juice (OJ)    Water (W)

*We will now be offering fresh carrots or celery with every meal. We will also offer more fresh fruit and vegetables that are in season. Each day we are working to include more choices of fruits and vegetables for your child. If you have any questions, please just let us know.*

**Child's Name:** \_\_\_\_\_ **Room #:** \_\_\_\_\_

**If you have any questions please contact your school's office.**