



April 2019

Michelle's Luncheon



\$5.00 per Lunch

- Purchase daily, weekly, or monthly
- Orders must be placed by **9am.**
- Please circle the days your child will enjoy their hot lunch!
- **PAYMENT IS REQUIRED AT TIME OF ORDER**

El Quito School

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|---|
| 1 Belgian Waffle String Cheese Veggies Fruit | 2 Build your own Taco Salad: Chips, beans, meat, lettuce, tomatoes, cheese and Thousand Island Dressing Fruit | 3 Cheese Tortellini with White Sauce Garlic Toast Veggies Fruit | 4 Sliced Beef Hot Dog Soup Over Rice Crackers Veggies Fruit | 5 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat |
| 8 Scrambled Eggs and Potatoes Toast Veggies Fruit | 9 Cheese or Chicken Enchiladas Beans Veggies Fruit | 10 Mac and Cheese Biscuits Veggies Fruit | 11 Tuna Sandwich Minestrone Soup Chips Fruit | 12 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat |
| 15 Biscuits and Gravy Nutri Grain Bar Veggies Fruit | 16 Mini Corn Dogs Veggie Baked Beans Veggies Fruit | 17 Spaghetti French Bread Veggies Fruit | 18 Grilled Cheese Tomato Soup Veggies Fruit | 19 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat |
| 22 French Toast Turkey Sausage Patty Veggies Fruit | 23 Meatloaf with Gravy over Mashed Potatoes Corn Muffin Veggies Fruit | 24 Mac and Cheese Dinner Roll Veggies Fruit | 25 Hamburger Chips Veggies Fruit | 26 Cheese, Pepperoni or Sausage Pizza Fruit & Veggies Special Treat |
| 29 Banana Pancake Yogurt Cups Veggies Fruit | 30 Chicken Teriaki Rice Veggies Fruit | | | |

If desired, specify your alternate choices in each day above.

Alternate Daily Entrées: Chicken Patty, Veggie Burger or Cheese Sandwiches (cold or grilled)

Unless noted, 2% milk will be served. Other choices are:

Fat free Chocolate Milk (CM) Apple Juice (AJ) Orange Juice (OJ) Water (W)

We will now be offering fresh carrots or celery with every meal. We will also offer more fresh fruit and vegetables that are in season. Each day we are working to include more choices of fruits and vegetables for your child. If you have any questions, please just let us know.

Child's Name: _____ **Room #:** _____

If you have any questions please contact your school's office.