

Program Director

~ **Suzette Alvarado** ~

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Program Assistant Shannon Claude
Dance Team Director Wendy Phillips

- Ages 18 months through middle school.
- Professional, nurturing dance faculty and 10 fully equipped and beautifully decorated studio locations.
- Over 34 years in the business of providing quality dance instruction.
- Classes year around; program presents an annual recital at the Center for Performing Arts.
- All classes listed in the schedule will be included in our recital in June.

Personnel Involved

Facilities and programs, no matter how innovative, are secondary to the quality of the staff. Primary Plus Schools and Action Day Nurseries staff of dance teachers and educational professionals is the best in the Bay Area, with a solid and excellent reputation of quality childcare and enrichment programs.

Our dance program began in 1976 with six students and today has over 900 students enrolled in classes that include the classical forms of dance as well as the latest street steps. One of the key goals of the program is to nurture the young child's love of music and movement and at the same time enhance their self-esteem.

We have selected the San Jose Center for the Performing Arts as the location for our annual recital because it gives us the opportunity to introduce the young dancer to live theater.

Join Us! We invite all our students enrolled in the classes shown here to participate in this year's production of "The Little Mermaid," which comes to the stage in June 2012. Come check it out and be part of the fun! The \$50.00 costume fee and the \$50.00 recital fee are refundable if you are unable to participate in the recital.

Mother & Daughter Jazz, Jazz/ Hip-Hop Levels I & II includes stretching, warm-ups, posture, positions, steps, combinations, body alignment, strengthening and terminology. Class also features the latest dance trends in street steps and stunts to current music hits. Fast! Fun!

NEW West Valley Dance Cats

Team dancers must have two years of dance experience and must be enrolled in a Dance Action ballet and jazz class.

Teams will perform for ADN/PP/WVM school and community events. Team members will attend a dance convention and enjoy outings to professional dance shows. **Join us...** get moving and let's "purr"fect our dancing skills. Enrollment and fee information is available at our Amber and WVMS office.

Jr. Team for Grades 2nd – 4th. Class meets on Wednesdays from 3:30 to 4:30.

Upper Team for Grades 5th – 8th. Class meets on Tuesdays & Thursdays from 4:30 to 5:30

Father Daughter Class will start in February 2012 to learn a beginning dance routine to be performed in The Little Mermaid on June 15th and 16th. This will be a fun and easy class, no prior dance lessons required for you Dads!

Ballet Level I an introduction to ballet including dance play and imagery, along with simple ballet technique, used to nurture the love of dance in the young child.

Ballet Levels II & III students will acquire the knowledge and use of barre technique, rules of posture, combination of steps, centre floor skills, dance terminology and ballet routines.

Ballet III – Leaps & Turns includes traditional barre, across the floor and centre floor exercises. Also, step-by-step technique in order to perform traditional and contemporary turns and leaps.

Tap Level I an introduction to tap which includes dance play and imagery, along with simple tap technique, used to nurture the love of dance in the young child.

Tap Levels II & III includes steps, walks, leaps, turns, combinations & terminology. Tap dancing develops your sense of rhythm and timing. The quick footwork acquired through tap classes enhances balance and coordination.

Tumbling/Boy's Tumbling Level I is designed to promote physical development, agility, balance and a sense of body control. The use of a balance beam, hoops, ribbons and balls will be incorporated in the class.

Karate/Tumbling Level I includes beginning karate technique, non-combative, as well as beginning tumbling skills. \$50 for uniform provided by the instructor.

Karate/Tumbling Level II students will develop a more in-depth knowledge of karate skills, non-combative, and continued development of their tumbling skills. \$50 for uniform provided by the instructor.

Creative Movement for ages 2 – 3 years old is designed to allow the young dancer to explore movement through music, props and multi-sensory exploration. Song and expressive movement used to create a wonderful and creative story time dance experience!

Acrobatics Levels II & III includes intermediate floor stunts, pyramids and partner work. Students are grouped according to their ability as they acquire new skills.

Tiny Tots for ages 18 months to 2-1/2 years. Bouncing, stepping, creative movement and exploring the dance room environment, music, instruments and song. 30 minute classes of great dance fun and play!

Cheerleading class will include basic cheer technique, stunts, pyramids, acrobatics and routines.



Rate Schedule... PER CHILD

Enroll in 2 or more classes and save \$\$\$!

\$50 first class \$45 second class \$40 3rd (+) Class

(15 minutes required to collect and dress children, as well as returning them to class after dance.)

Costume Fee: \$50.00 due September

Recital Fee: \$50.00 due December

5-week months serve to cover classes missed due to holidays.

Observation of classes is permitted ONLY during the last class of each month.

NEW UNLIMITED CLASSES PAY PLAN

Unlimited 1 student: \$195 per month

Unlimited 2 family members: \$295 per month

Unlimited 3 family members: \$350 per month

Private lessons \$30 per half hour by arrangement