

Summer 2011

Dance Camp Intensive Workshop

Brought to you by

W E S T V A L L E Y



Just
Added!

August 8-11 • 1pm-2:30 M-F
Ages: 7-13 • Cost: \$60

Spaces
Limited!

Instructors: Ms. Wendy & Miss Shannon • Location: WVMS Dance Studio
(bussing will be provided to and from WVMS from Amber School)

Register in person at our Amber/Primary Plus or WVMS location
3500 Amber Drive or 801 Hibiscus Lane, San Jose

Need more information? Call 408-248-2464 or email cathy@actiondayprimaryplus.com

Our main focus will be on ballet and jazz technique, but dancers should come ready to experiment with additional styles including lyrical dance and core strengthening exercises. Daily exercises on teamwork and performance etiquette. This will be a fun and challenging camp!



Attendance is strongly encouraged for those interested in being a Dance Cat for the 2011-2012 School Year. Dance Cat 2011-12 Season will feature two teams! Junior Team (2nd-4th grade) and Upper Team (5th-8th grade).

All dancers should wear comfortable dance clothing with hair pulled away from the face. Bring ballet and jazz shoes and a snack.



TYPICAL DAILY SCHEDULE

1:00-1:25 – (warm-ups including ballet barre exercises, jazz center floor stretches and core floor workout)

1:25-1:55 – (across the floor ballet and jazz/center floor turns and leaps technique)

1:55-2:00 – BREAK

2:00-2:30 – (work on dance routines, dance discussion-stage presence, we may also bring in dance articles to talk about or video clips of performances)

Summer 2011
Dance Camp
Intensive Workshop



*Just
Added!*

August 8-11 • 1pm-2:30 M-F
Ages: 7-13 • Cost: \$60

*Spaces
Limited!*

Instructors: Ms. Wendy & Miss Shannon • Location: WVMS Dance Studio
(bussing will be provided to and from WVMS from Amber School)

Register in person at our Amber/Primary Plus or WVMS location
3500 Amber Drive or 801 Hibiscus Lane, San Jose

Need more information? Call 408-248-2464 or email cathy@actiondayprimaryplus.com

Our main focus will be on ballet and jazz technique, but dancers should come ready to experiment with additional styles including lyrical dance and core strengthening exercises. Daily exercises on teamwork and performance etiquette. This will be a fun and challenging camp!



Attendance is strongly encouraged for those interested in being a Dance Cat for the 2011-2012 School Year. Dance Cat 2011-12 Season will feature two teams! Junior Team (2nd-4th grade) and Upper Team (5th-8th grade).

All dancers should wear comfortable dance clothing with hair pulled away from the face. Bring ballet and jazz shoes and a snack.



TYPICAL DAILY SCHEDULE

- 1:00-1:25 – (warm-ups including ballet barre exercises, jazz center floor stretches and core floor workout)
- 1:25-1:55 – (across the floor ballet and jazz/center floor turns and leaps technique)
- 1:55-2:00 – BREAK
- 2:00-2:30 – (work on dance routines, dance discussion-stage presence, we may also bring in dance articles to talk about or video clips of performances)